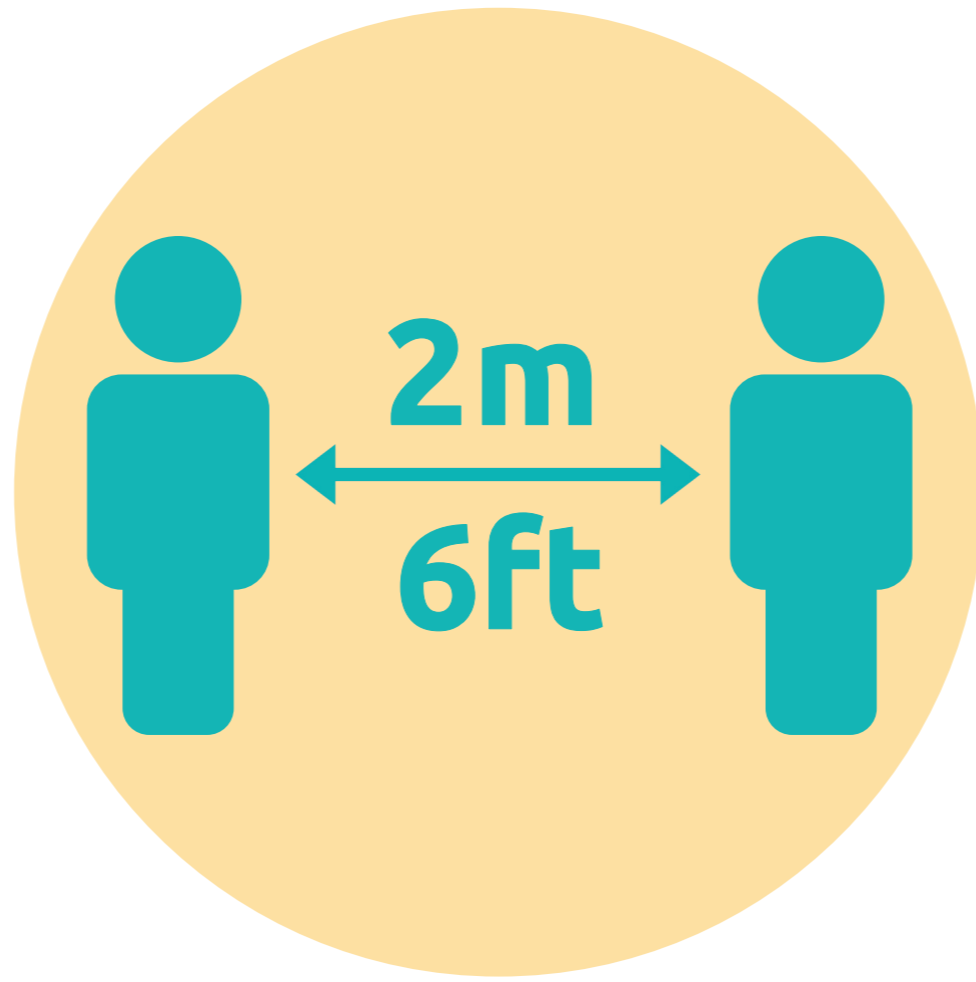


Welcome Back to LIGHT CENTRE

We want to ensure you have the best class with us whilst helping you to feel safe. Please help us to keep our studios clean by following these steps in every class:



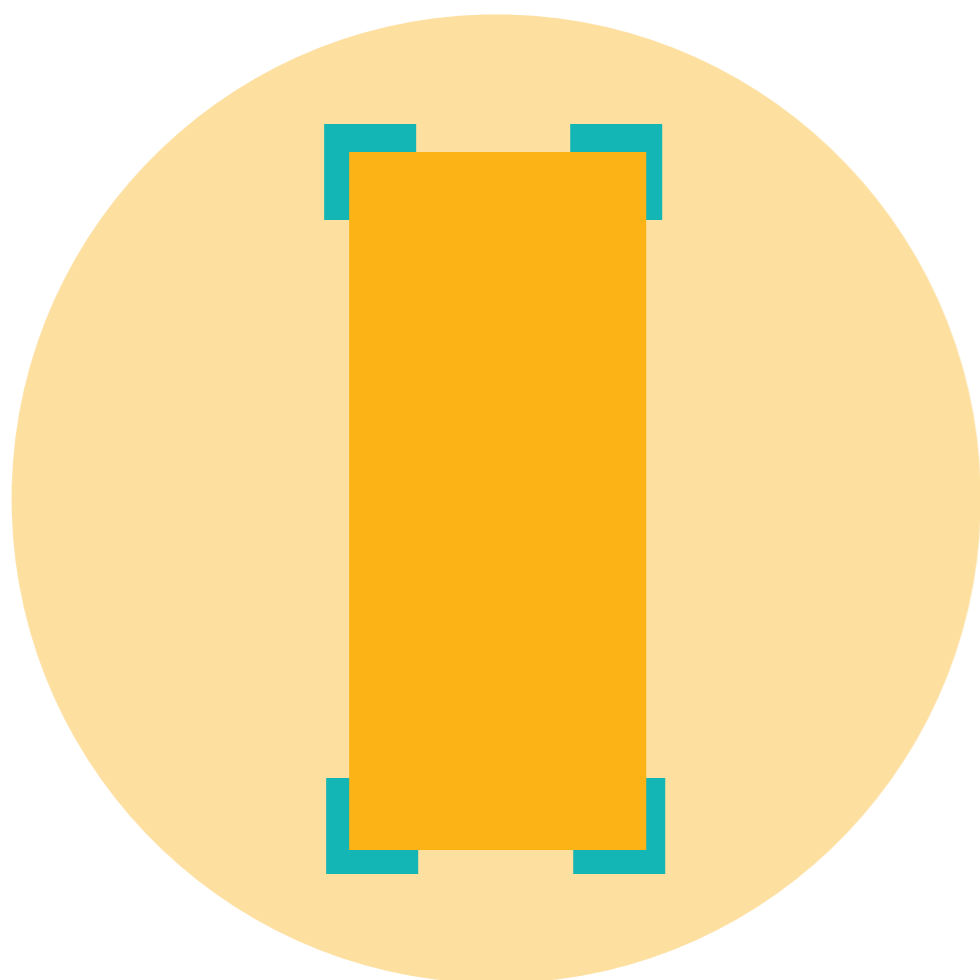
Leave all outerwear and personal belongings outside of the studio space. You may keep a small wallet or valuables in with you



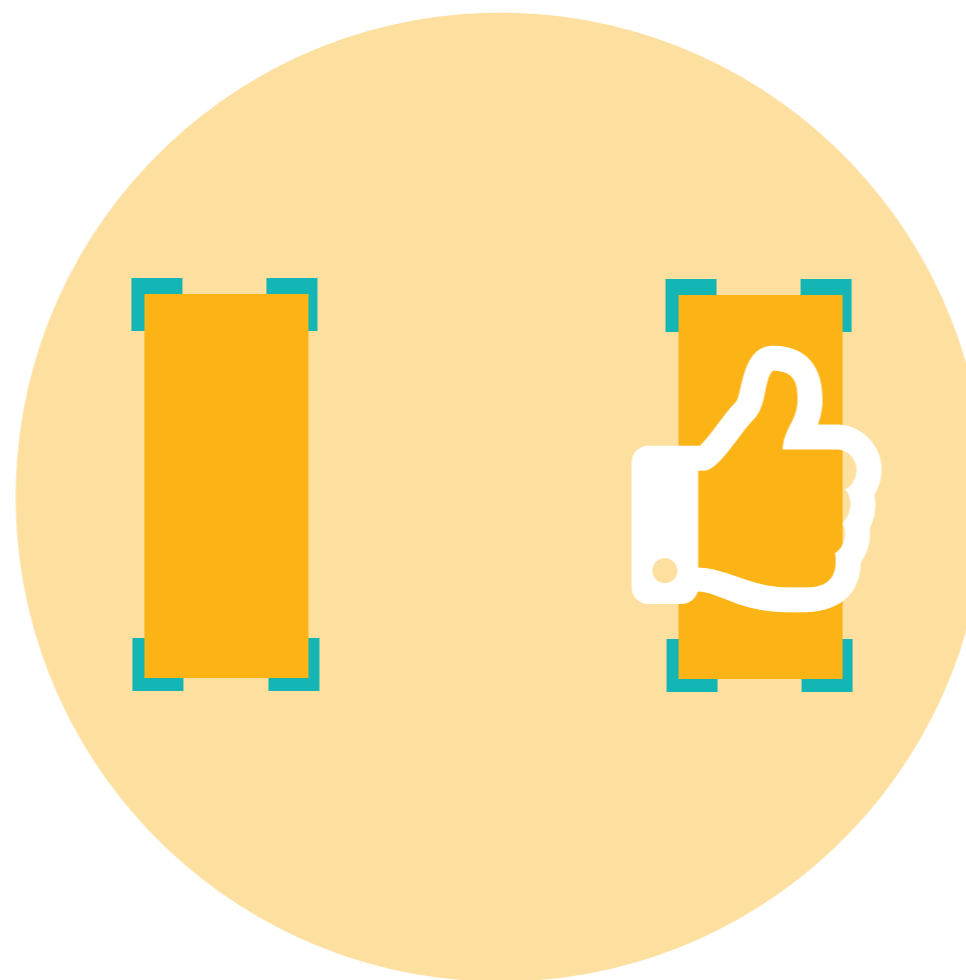
Keep your distance (stay 2m from Teacher and other classmates)



We have lowered our class capacity to ensure safe distance



Place your mat on the floor markers to ensure safe distance from others



Please don't ask any fellow students to move mat position, please take the spot that is available for you



You must clean your mat before and after use with the cleaning equipment provided - spray and wipe down and place the cloths in the buckets



You do not need to wear a mask when you are on your mat, so make sure we can see you smile!



Please be sure to have a *wonderful* time with us!
All these new protocols will soon become second nature.